

FREE Reproductive Health Services for moderate- and low-income men & women in North Carolina



Be Smart. Be Ready.

**Are you ready
to be a parent?**

**Have you had a family
planning exam lately?**

**Have you had all the
children you want to have?**

It's Up to You.
Ask how you can Be Smart
1-800-367-2229
(TTY: 1-800-976-1922)

<http://www.dhhs.state.nc.us/dma>

**BE SMART provides FREE
services for men & women**

- Annual family planning exam
- Most types of birth control
- Help planning when to have a baby
- Testing for STDs & pregnancy
- Voluntary sterilization

**For services not covered by this program, call your
local DSS for a list of providers who offer affordable
or free care.**

You MUST:

- Live in North Carolina
- Be a US citizen or be in this country legally
- Be a woman 19-55 years of age or a man 19-60 years of age
- Have not had surgery to prevent pregnancy
- Meet income requirements (includes moderate incomes
— call for details)

Family Planning Medicaid is a waiver
program that will end October 1, 2010,
unless it is extended.

